

# Gunnison Valley Calendar

**WHO? WHAT? WHEN? WHERE? WHY? HOW?**

## THIS WEEK ONLY April 18 - 25, 2018

**APRIL**  
 18 6:00 PM - Church of the Good Samaritan at 307 West Virginia Ave. is hosting a Community Dinner, Every one is welcome to the free dinner and donations are appreciated.  
 19 4:30 PM - Discover Drawing (ages 10-14) GAC art studio  
 19 5:00 - 7:00 PM - Let's talk about water use in your valley! 104 in the Borick Business Building on Western's campus.  
 19 6:00 PM - Wire Rings & Wine, GAC art studio  
 20 4:00 PM - Mud Makers Clay (ages 8-12) GAC Clay Center  
 20 8:00 PM Moonlight Musci Concert, Barefoot Companion.  
 21 10:00 AM American Association of University Women UGRWCD conference room located at 210 W. Spencer Ave. presentation on research done to create maps that show the routes uses to access this valley from the Ute Indians to the gold seeking miners, the ranches and homesteaders, the stage coaches, the railroads.  
 23 4:15 PM - Arting Around After School (ages 5-11) GAC  
 25 5:00 PM - Gunnison Friends of the Library's annual

meeting, 307 N. Wisconsin, Gunnison  
**DAILY**  
 • Alcoholics Anonymous, Open, Wednesdays, 7:00 p.m. 114 N Wisconsin, Gunnison, aawesterncolorado.org  
 • Alanon/Alateen Crested Butte, 7:00 p.m. Wednesdays, The UCC Church Parlor, 403 Maroon Ave. Crested Butte alanon.org  
**MONTHLY**  
 • NARCOTICS ANONYMOUS MEETING in Crested Butte on the 1st & 3rd Sunday of every month at noon at UCC 403 Maroon. Closed meeting for addicts only.  
 • TALK TO A LAWYER FOR FREE: Colorado Legal Services - Thursday Night Bar (legal advice clinic), First Thursday of each month at the New location: GUNNISON LIBRARY, 307 N. Wisconsin, Gunnison, 5:30 p.m. Call Ellen for info. 970-641-7999  
 • Support Group for Neuropathy, 1st Tuesday of the Month 1:00 p.m. at Church of Nativity  
 • Philosophy on tap Discussion Group, 1st Wednesday Monthly Topic & Venue TBA monthly. Brought to you by Crested Butte Library & The Gunnison Library

- MOPS (Mothers of Preschoolers) 1st & 3rd Wednesdays of the month, Webster Hall gunnisonmops@gmail.com
- Coffee with the Community at Gunnison Library 8:30 - 10:00 a.m.
- TAIZE SERVICE is held the 1st Wednesday of the Month. 7:00 p.m. Church of the Good Samaritan, 307 West Virginia.
- Socrates Café discussion group - Discuss. Think. Ponder. Join the Gunnison Library for its monthly philosophical discussion. 2nd Wednesday of the month. Topics change on a monthly basis. All are welcome.
- Alzheimer's Association - 4th Tuesday of the month from 12:00-1:00, support groups/ educational programs at the senior center/ rec center.
- Fourth Wednesday of each month Book Discussion Group "Reading for Justice" Gunnison Congregational Church Office
- Knights of Columbus will meet the 2nd and 4th Tuesday of every month at Parish Hall
- The American Legion, 501 E. Virginia Ave., meets every 3rd Wednesday of the month 6:00 p.m. Claire 209-6042, Ed 970-596-7883, Larry 970-641-0172.

## WEEKLY HAPPENINGS:

**Wednesday**  
 • 6:00 a.m. Colorado Fitness: Spin with Jane  
 • 8:45 a.m. High Attitude Dance Academy - ZUMBA  
 • 9:00 a.m. Vinyasa Yoga with Leia at Sanctuary Somatics  
 • 9:30 a.m. Mah Jong at the Senior Center  
 • 10:00 a.m. Wednesdays-Bilingual (English/Spanish) Storytime at Gunnison Library.  
 • 10:00 a.m. Jai Yoga: Gentle Yoga Therapy 320 1/2 N. Main Street www.gunnison-yoga.com  
 • 10:15 a.m. Chair Yoga with Leia at Sanctuary Somatics  
 • 12:00 p.m. Colorado Fitness: In"ten"sity and Stretch  
 • 12:15 p.m. INSANITY LIVE's at WSCU Fieldhouse  
 • 12:45 p.m. Bridge at the Senior Center  
 • 1:00 - 4:00 p.m. Gunnison Country Food Pantry, 321 N. Main St #C, Gunnison. 970-641-4156.  
 • 4:00 p.m. Colorado Fitness: Boot Camp Blocks, Bricks  
 • 4:00 p.m. Boxing training: Beginners age 9 & up. WSCU Mears Hall Basement Coach Tom 303-881-7778  
 • 5:00 p.m. Project Hope host support groups for survivors of Relationship Violence every Wednesday for more information please call 970-641-2712.  
 • 5:15 p.m. Buti Yoga with Tarah Niccoli-Taylor: GAC Dance Studio.  
 • 5:30 p.m. Jai Yoga to relieve tension, 320 1/2 Main Street clinic Studio  
 • 5:45 p.m. Colorado Fitness: Spin with Jennifer  
 • 6:00 p.m. GUIDED MEDITATION AND DHARMA talk at Here & Now Center 115 S. Colorado St.  
 • 6:00 p.m. Meditation with Heidi at Sanctuary Somatics  
 • 7:00 p.m. GriefShare meets at Mt. Calvary Lutheran Church, 711 N. Main, Gunnison, Rodney Morrill 970-349-7769.  
 • 7:15 p.m. Intergrated Vinyasa with Keela at Sanctuary Somatics

**Thursday**  
 • 6:00 a.m. Colorado Fitness: Total Body Conditioning W/ Debby  
 • 6:00 a.m. Main Street Studio: Early Bird RedCord suspension training class. westernpilates.net  
 • 8:00 - 8:45 a.m. Center for the Arts: Aerial Conditioning - Crested Butte Dance Collective 970-349-7487.  
 • 8:00 a.m. Iyengar Yoga of Gunnison at The Main Street Clinic 320 N. Main  
 • 8:30-10:30 a.m. English Classes: beginners and intermediate students 970-641-7684.  
 • 8:45 a.m. Colorado Fitness: Body Bar w/Erin  
 • 8:45 a.m. Center for the Arts: Open Aerial Dance  
 • 9:00 a.m. Intergrated Vinyasa with Karah at Sanctuary Somatics  
 • 10:00 a.m. - 2:00 p.m. Senior's Day 65+, Gunnison Country Food Pantry, 321 N. Main St., #C, Gunnison. 970-641-4156.  
 • 12:00 p.m. Colorado Fitness: Boot Camp Bricks

- 4:00 p.m. Boxing training:Beginners age 9 & up WSCU Mears Hall Basement Coach Tom 303-881-7778
- 4:15 p.m. Restorative Yoga at Sanctuary Somatics
- 5:30 p.m. Main Street Studio: Pilates, 320 1/2 N Main St.
- 5:30 p.m. Colorado Fitness: DVD Group Spin Ride
- 6:30 p.m. Gunnison Political Revolutionat The Mall, 123 W. Tomichi
- 6:30 - 8:00 p.m. Colorado Fitness: Lamaze. Call Ariel for details 970-275-3749.

**Friday**  
 • 6:00 a.m. Colorado Fitness: Boot Camp Blocks or Brick, Spartan Strong  
 • 8:00 - 8:45 a.m. Center for the Arts: Aerial Conditioning - Crested Butte Dance Collective 970-349-7487.  
 • 8:45 a.m. High Attitude Dance Academy: ZUMBA  
 • 8:45 - 9:30 a.m. Center for the Arts: Open Aerial Dance - Crested Butte Dance Collective  
 • 9:00 - 9:45 a.m.The Sanctuary: Joy of Movement w/Taylor.  
 • 9:30 a.m. Mah Jong at the Senior Center  
 • 12:00 p.m. - Colorado Fitness: Bleacher B\*tches, Bleachers or DVD  
 • 1:00 p.m. Seniors Mexican Train Dominoes at Boomers Room in the Gunnison Rec Center, more info. Leila 970-596-4570

**Saturday**  
 • 8:00 a.m. Iyengar Yoga of Gunnison at The Main Street Clinic 320 N. Main  
 • 9:00 a.m. Kundalini Yoga with Dana at Sanctuary Somatics  
 • 9:30 a.m. FREE Community Zumba w/ Baron at Colorado Fitness  
 • 9:30 a.m. Alcoholics Anonymous, Women's.  
 • 10:00 a.m. - 2:00 p.m. Gunnison Clothing Project In alley West of N. 10th St. between Virginia & W Tomichi. Donations welcome.  
 • 10:00 a.m. Seventh-day Adventist Church Saturday Praise and Worship Bible discussion & kids programing 11:00 a.m. 77 Ute Lane, 970-209-7911 or 970-234-2336.  
 • 10:30 a.m. Yoga en Espanol (gratiso) with Dana at Sanctuary Somatics

**Sunday**  
 • 10:00 a.m. Gunnison Congregational Church, United Church of Christ. 101 N. 8th Street. For information 970-641-3203.

**Monday**  
 • 6:00 a.m. Colorado Fitness: Spin w/Joellen  
 • 8:05 a.m. Jim Kirshner from 580 KUBC in Montrose is talking to area residents from Montrose, Delta & Gunnison counties on agriculture related topics.  
 • 8:30 - 9:00 a.m. Morning Meditation w/Leia, The Sanctuary  
 • 8:00 a.m. Main Street Studio: RedCord Suspension training.  
 • 8:45 a.m. High Attitude Dance Academy - ZUMBA  
 • 9:30 a.m. Mah Jong at the Senior Center  
 • 10:00 a.m. Jai Yoga: Gentle Yoga Therapy 320 1/2 N. Main Street www.gunnison-yoga.com

- 12:00 p.m. - Colorado Fitness: Abs & Buns w/ Jane
- 12:15 p.m. Main Street Studio: Express Core Workout
- 12:45 p.m. Bridge at the Senior Center
- 2:00 p.m. Free Meditation For All with Virignia at Sanctuary Somatics
- 4:00 p.m. Colorado Fitness: Boot Camp Bricks Or Bleacher B\*tches, Spartan Strong
- 4:00 p.m. Boxing training: Beginners age 9 & up WSCU Mears Hall Basement Coach Tom 303-881-7778
- 4:15 p.m. Mellow Monday with Meegan at Sanctuary Somatics
- 5:15 p.m. High Attitude Dance Academy - ZUMBA
- 5:45 p.m. Colorado Fitness: Spin with Brandi
- 5:45 p.m. Kundalini Yoga with Jani Pulaskiat Sanctuary Somatics
- 6:00 - 8:00 p.m. Beginning English classes, Gunnison Community School w/Therese Trantow.
- 6:00 p.m., YOGA TECHNIQUE & FLOW with Stacy Fuller Taylor Hall room #117 (4/16/18)
- 1:00 p.m. - 4:00 p.m. Gunnison Country Food Pantry, 321 N. Main St #C, Gunnison. 970-641-4156.
- 5:30 p.m. Jai Yoga to relieve tension, 320 1/2 Main Street clinic Studio
- 6:00 - 8:00 p.m. English classes: Gunnison Elementary School, CAFE 970-641-7684.

**Tuesday**  
 • 6:00 a.m. Colorado Fitness: Boot Camp Bricks or Blocks, bricks  
 • 7:00 a.m. Iyengar Yoga of Gunnison at The Main Street Clinic 320 N. Main  
 • 8:30 - 10:30 a.m. English Classes 970-641-7684 for information.  
 • 8:45 a.m. Colorado Fitness: Spin w/Travis  
 • 9:00 a.m. Intergrated Vinyasa with Karah at Sanctuary Somatics  
 • 10:00 a.m. Parent & Toddler Morning Gardening Class from Mountain Roots. in Bill's Park Georgia & 14th  
 • 10:00 a.m. - 2:00 p.m. Gunnison Clothing Project In alley West of N. 10th St. between Virginia & W Tomichi. Donations welcome.  
 • 10:30 a.m. Qigong with Heidi at Sanctuary Somatics  
 • 12:00 p.m. Colorado Fitness: Boot Camp Blocks, Spartan Strong  
 • 4:00 p.m. Competitive Marbles Club at WSCU Chipeta Hall, Jerry 970-641-0944  
 • 4:00 p.m. Boxing training: Beginners age 9 & up, WSCU Mears Hall Basement Coach Tom 303-881-7778  
 • 5:30 p.m. Colorado Fitness: DVD Group Spin Ride  
 • 6:00 p.m. Celebrate Recovery Meetings, Oh Be Joyful Church, Crested Butte.  
 • 7:30 p.m. BINGO the Elks Lodge, Gunnison  
 • 7:00 - 7:45 p.m. Center for the Arts: Aerial Conditioning - Crested Butte Dance Collective 970-349-7487